

# Weekly Menu: Thameside Spring Summer menu 25 Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
Pork Sausages	BBQ Chicken Pizza	Roast chicken	Macaroni Cheese	Fish Fingers
Mash Potatoes	Cheese & Tomato Pizza	Roast Quorn Fillet	Chunky Vegetable Curry	Quorn Dippers
Gravy	Potato Wedges	Roast Potatoes	Rice	Chips
Tomato and Basil Pasta	Tuna Baguette	Yorkshire Pudding	Tuna Baguette	Cheese Baguette
Cheese Baguette		Gravy		
		Cheese Baguette		
<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>
Broccoli	Sweetcorn Cobette	Carrots	Mixed Vegetables	Peas
Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar	Baked Beans
				Seasonal Salad Bar
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Frozen Yoghurt	Apple Flapjack	Fruit Jelly	Marble Sponge	Oat Cookie
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Wholemeal Bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread
Soft Cheese	Soft Cheese	Soft Cheese	Soft Cheese	Soft Cheese
Cream crackers	Cream crackers	Cream crackers	Cream crackers	Cream crackers

## Allergens

Pork Sausages: **Cereals containing gluten, Soya**; Mash Potatoes: **No allergens**; Gravy: **No allergens**; Tomato and Basil Pasta: **Celery, Cereals containing gluten, Mustard, Soya**; Cheese Baguette: **Cereals containing gluten, Milk, Sesame seeds**; Broccoli: **No allergens**; Seasonal Salad Bar: **No allergens**; Frozen Yoghurt: **Milk**; Fresh Fruit: **No allergens**; Wholemeal Bread: **Cereals containing gluten, Soya**; Soft Cheese: **Milk**; Cream crackers: **Cereals containing gluten**; BBQ Chicken Pizza: **Cereals containing gluten, Eggs, Milk, Mustard, Soya**; Cheese & Tomato Pizza: **Celery, Cereals containing gluten, Eggs, Milk, Soya**; Potato Wedges: **No allergens**; Tuna Baguette: **Cereals containing gluten, Eggs, Fish, Sesame seeds**; Sweetcorn Cobette: **No allergens**; Apple Flapjack: **Cereals containing gluten**; Roast chicken: **No allergens**; Roast Quorn Fillet: **Cereals containing gluten**; Roast Potatoes: **No allergens**; Yorkshire Pudding: **Cereals containing gluten, Eggs, Milk**; Carrots: **No allergens**; Fruit Jelly: **No allergens**; Macaroni Cheese: **Celery, Cereals containing gluten, Milk, Mustard**; Chunky Vegetable Curry: **Celery, Mustard**; Rice: **No allergens**;



Mixed Vegetables: **No allergens**; Marble Sponge: **Cereals containing gluten, Eggs**; Fish Fingers: **Cereals containing gluten, Fish**; Quorn Dippers: **Cereals containing gluten**; Chips: **No allergens**; Peas: **No allergens**; Baked Beans: **No allergens**; Oat Cookie: **Cereals containing gluten**