

Weekly Menu: Thameside Spring Summer menu 25 Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
BBQ Chicken	Pepperoni Pizza	Roast Gammon	Beef Bolognese	Chicken Goujon
Vegetable Rice	Cheese & Tomato Pizza	Roast Quorn Fillet	Pasta	Chips
Roasted Tomato Vegetable pasta bake	Potato Cubes	Roast Potatoes	Salmon Tortelloni in Tomato Sauce	Cheese & Broccoli Pasta Bake
Cheese Toastie	Jacket Potato with a Choice of Filling	Gravy	Jacket Potato with a Choice of Filling	Cheese Toastie
	Cheese	Yorkshire Pudding	Cheese	
	Tuna Mayo	Cheese Toastie	Tuna Mayo	
	Baked Beans		Baked Beans	
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Mixed Vegetables	Broccoli	Carrots	Sweetcorn	Peas
Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar	Baked Beans
				Seasonal Salad Bar
Dessert	Dessert	Dessert	Dessert	Dessert
Fruit Smoothie	Jam Sponge	Fruit Jelly	Apple Strudel	Fruity Glazed Bun
Fresh Fruit	Fresh Fruit	Fresh Fruit	Custard	Fresh Fruit
Wholemeal Bread	Wholemeal Bread	Wholemeal Bread	Fresh Fruit	Wholemeal Bread
Cream crackers	Cream crackers	Cream crackers	Wholemeal Bread	Cream crackers
Soft Cheese	Soft Cheese	Soft Cheese	Cream crackers	Soft Cheese
			Soft Cheese	

Allergens

BBQ Chicken: **Celery, Sulphur Dioxide**; Vegetable Rice: **No allergens**; Roasted Tomato Vegetable pasta bake: **Celery, Cereals containing gluten, Mustard, Soya**; Cheese Toastie: **Cereals containing gluten, Milk, Soya**; Mixed Vegetables: **No allergens**; Seasonal Salad Bar: **No allergens**; Fruit Smoothie: **No allergens**; Fresh Fruit: **No allergens**; Wholemeal Bread: **Cereals containing gluten, Soya**; Cream crackers: **Cereals containing gluten**; Soft Cheese: **Milk**; Pepperoni Pizza: **Celery, Cereals containing gluten, Eggs, Milk, Mustard, Soya**; Cheese & Tomato Pizza: **Celery, Cereals containing gluten, Eggs, Milk, Soya**; Potato Cubes: **Cereals containing gluten**; Jacket Potato with a Choice of Filling: **No allergens**; Cheese: **Milk**; Tuna Mayo: **Eggs, Fish**; Baked Beans: **No allergens**; Broccoli: **No allergens**; Jam Sponge: **Cereals containing gluten, Eggs**; Roast Gammon: **No allergens**; Roast Quorn Fillet: **Cereals containing gluten**; Roast Potatoes: **No allergens**; Gravy: **No allergens**; Yorkshire Pudding: **Cereals containing gluten, Eggs, Milk**; Carrots: **No allergens**; Fruit Jelly: **No allergens**; Beef Bolognese: **Celery**; Pasta: **Cereals containing gluten, Mustard, Soya**; Salmon Tortelloni in Tomato Sauce: **Celery, Cereals containing gluten, Eggs, Fish, Milk, Soya**; Sweetcorn: **No allergens**; Apple Strudel: **Cereals containing gluten**; Custard: **Milk**; Chicken Goujon: **Cereals containing gluten**; Chips: **No allergens**; Cheese & Broccoli Pasta Bake: **Celery, Cereals containing gluten, Milk, Mustard, Soya**; Peas: **No allergens**; Baked Beans: **No allergens**